

FLU CLINIC

**NO APPOINTMENT
REQUIRED**

stowhealth
TOTAL HEALTH

There will be 3 Walk-in Clinics
on:

**Saturday 24th September,
8th October &
29th October**

8:30 am to 12:30 pm

For patients of **Stowhealth**
who are in the “at risk group”

You are in the “at risk” group if you are aged 65 (by 31/3/17) or over, or have:

- Diabetes
- Chronic heart disease
- Chronic kidney disease
- Chronic liver disease
- Weakened immune system
- Severe asthma (on a preventative steroid inhaler) or chronic respiratory disease
- Transplant patient
- Spleen removal
- All pregnant women
- Carers
- Chronic neurological disease (such as Parkinson's disease, motor neurone disease, stroke and transient ischaemic attacks)

Children aged between 6 months and 13 years old and who are in the “at risk” group WILL REQUIRE AN APPOINTMENT.

All 2, 3 & 4 year olds are now eligible but will also need to make an appointment.

Please telephone 01449 776000 to make an appointment.

If you are not in the “at risk” group, or not a patient of Stowhealth, private flu vaccines are available at £10.00 per vaccine. Please attend the Walk In Clinics on the above dates.